

Culbertson CONNECTION

Your Health. Your Hospital.

CATCH

CULBERTSON AS THE CHOICE HOSPITAL

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A message from our CEO

Remember playing catch when you were a kid? Playing with a friend, relative, teammate, or coach meant always having someone with you, someone whose vision aligned with yours and helped both of you achieve your goals. The old, Rockwellian image of a father and son playing catch is a perfect illustration of what the hospital's relationship should look like with the community it serves — both parties working in tandem with one another to achieve a common goal.

Recently, the Culbertson Memorial Hospital revamped the hospital's vision as CATCH — Culbertson As The Choice Hospital. This means providing the very best care and service available to establish the hospital as the premier healthcare provider for the community. We're not here to compete with larger healthcare systems in Springfield, Peoria, or Quincy — our main purpose is to serve our communities. We're here to offer as much as we can for our patients and serve them to the best of our abilities. To be able to do that, we must live by a certain set of values.



To realize this vision, we must first embrace honesty and transparency regarding our relationship with Rushville and other communities that depend on us for quality healthcare. The plain and simple truth is, we here at Culbertson Memorial Hospital recognize there have been times where we've dropped the ball. Unfortunately, those instances have done nothing to further the mission, vision, and values of the hospital.

However, we're more committed to a brighter future for the hospital than ever before. That's why we're so excited to share some of the changes we're making around the hospital to show why we should be your choice healthcare provider.

This includes the following:

- We are bringing specialists to our community to expand our service lines and the procedures we can offer to better meet the healthcare needs of the community.
- We are providing enhanced staff training to deliver exceptional care right here at home.
- We are renovating our facilities to ensure our patients have modern conveniences, to expand our offerings, and to provide better accessibility for the community and the services they need.
- We are recruiting providers we believe are invested in the community and long-term patient relationships.
- We are upgrading the hospital's technology and implementing a new electronic medical record system.

It takes two to play catch — us and you. The last thing we want to do is drop the ball, but if we do, we want to hold ourselves responsible and fix whatever problems may arise.

We want to be the place you come to for all your healthcare needs, the place that cares for you and your family from start to finish. Therefore, we're committed to improving our services and capabilities and strengthening our trust within the communities we've proudly served for more than a century.

We're excited to see what the future brings for Culbertson Memorial Hospital. And we're thrilled to work side by side with the community we care so much about.

Sincerely,

Gregg Snyder

CEO, Culbertson Memorial Hospital

OUR MISSION

To provide Community Access to Quality Care.

OUR VISION

To establish Culbertson Memorial Hospital as the choice hospital (CATCH).

OUR VALUES

Collaborative Communication

Working together as a team to solve problems.

Accountability

Setting expectations and being responsible for our words and actions.

Respect

Treating everyone with fairness and kindness.

Ethical Behaviors

Doing the right thing, even when no one is looking.

Service

Doing everything we can to provide the best care.



Centralized, Specialized Care

West Wing Construction Shifts Focus to Specialty Clinic Area

Culbertson Memorial Hospital continues to grow and provide its residents with the specialized care they need in a local setting. The hospital's West Wing construction project, which began in 2021, completed the hospital's brand-new Infusion Center in March and has moved on to Phase 1B of the construction, which will focus on providing a new Specialty Clinic Area.

"Our new Specialty Clinic Area will provide patients, clinicians, and providers ample room to provide expanded specialty clinic services," said Michelle Epps, Chief Operating and Nursing Officer at Culbertson Memorial Hospital. "Look for new providers to join our specialty clinic team and new services to be offered."

According to Culbertson Maintenance Director Erik Price, the Specialty Clinic Area will include five pods — each consisting of one provider office and three exam rooms — that will allow the hospital to house and accommodate medical specialty services from a centralized location at the hospital. Price added one pod will be used as a negative pressure pod, which will allow providers to diagnose and treat patients who may have COVID-19 or other respiratory illnesses without fear of spreading it to others.

"The layout of the building will allow for entry via the north vestibule into the waiting room," Price said. "Patients will then be directed to the appropriate clinic with minimal walking distance to get there."

Construction on the Specialty Clinic Area is proceeding smoothly, Price said, with interior walls and rooftop heating/cooling completed. Price said the ceiling grid has been installed with 95% of the overhead mechanical, electrical, and plumbing completed. "Construction is on track to be completed in mid to late September," Price said. "Culbertson providers will occupy the space sometime in early October." 🏡



Inpatient Therapy Gym Area



Waiting Room Check-in Window

Speciality Clinics at Culbertson

When you're in need of specialized healthcare services, having options close to home can make a huge difference. At Culbertson Memorial Hospital, we're proud to partner with physicians from Springfield, Quincy, Macomb, and Jacksonville to provide the specialized care you need in a friendly, local environment.

Our outpatient specialty clinics offer a wide variety of medical services from cardiology to women's health and many more in between.

- CARDIOLOGY
- COLORECTAL SURGERY
- ENDOCRINOLOGY
- GASTROENTEROLOGY
- GENERAL SURGERY
- HEMATOLOGY & ONCOLOGY
- INFECTIOUS DISEASE
- NEUROLOGY
- GYNECOLOGY
- ORTHOPEDICS
- PODIATRY
- PULMONOLOGY
- UROLOGY
- WOUND CARE

For more on the Outpatient Specialty Clinics — including providers and their availability — visit cmhospital.com/our-providers/outpatient-specialty-clinics. To learn more or to find out how you can schedule an appointment, call the Culbertson Memorial Hospital Patient Access Department at (217) 322-4321 ext. 5271.



Culbertson Infusion Center Making a Difference

Providers and staff have already noticed a huge impact on the community thanks to one of its newest services. Completed as Phase 1A of the West Wing construction, the Culbertson Infusion Center opened in March, providing cancer patients with local infusion therapy services without having to travel to Springfield, Quincy, or Macomb. “The new Infusion Center has expanded the services we offer to our patients in need of infusions, injections, and dressing changes,” said Michelle Epps, Chief Operating and Nursing Officer at Culbertson Memorial Hospital. “Patients have appreciated the quiet and comfortable surroundings created for them to rest and heal.”

“The Infusion Center has had an enormous effect on patient care since we opened it to patients,” said Culbertson Maintenance Director Erik Price. “Since then, it has run at full capacity with all the services and comforts we had hoped for since the beginning.”

To learn more about the services available at the Culbertson Infusion Center, visit cmhospital.com or call (217) 322-4321.

Committed to Compassionate Care

New Physicians Bring Valuable Experience to Culbertson Memorial Hospital

Culbertson Memorial Hospital is thrilled to welcome four outstanding physicians to our team —
Doctors Richard Noble, Eli Goodman, William Dixon, and Hala Saad!

Richard Noble, MD is a family practice and primary care physician at Rushville Family Practice, 233 S. Congress St. in Rushville. Dr. Noble received his medical degree from Chicago Medical School in 1983 before serving a residency at Quincy Family Practice Center in 1986.

“The entire medical staff at Culbertson Hospital has been extremely welcoming and excited to have me as a part of their team. They have shown an amazing willingness to go above and beyond to make me feel comfortable with both themselves and their community,” Dr. Noble said.

“The partnership between Culbertson Hospital and Quincy Medical Group is one that is highly valued on both ends. I am truly excited to be a part of this partnership with the goal of delivering the highest quality healthcare to the residents of this community.”

Certified by the American Board of Family Medicine, Dr. Noble is a member of the Adams County Medical Society, the American Academy of Family Practice, the American Medical Association, the Illinois Academy of Family Practice, and the Illinois Medical Society. Dr. Noble sees patients in Rushville Tuesdays from 8:30 a.m. to 4 p.m.



Eli Goodman, MD is an internal medicine physician at the Elmer Hugh Taylor Clinic, 100 W. 15th St. in Beardstown. Dr. Goodman received his medical degree from Tufts University School of Medicine in Boston in 1973 before serving an internship at the Medical College of Virginia in Richmond, VA, from 1973-1974 and an internal medicine residency at the Hahnemann University School of Medicine (now known as the Drexel University School of Medicine) in Philadelphia from 1974-1976. “I am pleased to be part of the Culbertson organization’s commitment to excellent and compassionate medical care,” Dr. Goodman said. “I particularly enjoy the day-to-day teamwork with their dedicated and skilled personnel in all departments.”

Certified by the American Board of Internal Medicine, Dr. Goodman is a member of the Sangamon County Medical Society, the Illinois State Medical Society, the American Medical Association, and the Southern Illinois Medical Society. Dr. Goodman oversees our Wound Clinic and sees patients ages 18 and older Thursdays and Fridays at the Taylor Clinic.



William Dixon, MD is a family practice physician who joins Culbertson as the new Medical Director. Dr. Dixon received his medical degree from the University of Missouri Kansas City School of Medicine in Kansas City, MO, and served his family medicine residency at the Southern Illinois University School of Medicine in Quincy.

Board certified in family medicine, Dr. Dixon has previously served as Associate Professor of Family and Community Medicine and Director of the SIU Family Medicine Residency Program at the SIU School of Medicine in Quincy.



Hala Saad, MD is an infectious disease specialist practicing at the Outpatient Specialty Clinic with nurse Barb Barclay. Dr. Saad received a Bachelor of Science Degree in Biology with Distinction from the American University of Beirut in 2010 before receiving her Doctor of Medicine degree from the same university in 2014. She served an internal medicine residency at Saint Louis University Hospital in 2019 in St. Louis, MO, and served an infectious disease fellowship at the University of Texas Southwestern in 2021.

A member of the Infectious Diseases Society of America, Dr. Saad is certified by the American Board of Internal Medicine.




Welcome Kristi Hinegardner!

Culbertson Memorial Hospital is proud to welcome Kristi Hinegardner to the clinical leadership team as the new Director of Clinical Operations. In this role, Kristi will oversee the care delivered to patients in the hospital as well as the Community Clinics.

A native of Ashland and Jacksonville, Hinegardner earned her RN from Lincoln Land Community College in Springfield, her BSN from Benedictine University in Springfield, her MSN from Illinois State University in Normal, and her Doctor of Nursing Practice in Health Care Systems from Chamberlain University in Chicago.

"I feel I can impact patient care in a more direct role and still have a more direct connection with patients. Culbertson checked all those boxes," Hinegardner said. "Once I arrived and settled into the role, I knew I made the right decision. I truly feel this is home."

Beginning in 1995, Hinegardner gained clinical experience at Memorial Medical Center in Springfield and Jacksonville Memorial Hospital, working in intensive care units with experience in medical, trauma, and cardiac surgery recovery in a Level 1 trauma center. In 2012, she took on a management role with experience in urology, nephrology, kidney transplant, dialysis, long-term care, and home health.

"Staff have already begun collaborating with Kristi to determine best practice initiatives in order to deliver unsurpassed clinical and quality care to our patients," said Chief Operating & Nursing Officer Michelle Epps. "It's wonderful to have a clinical expert work side by side with our clinical teams focused on exceptional outcomes." 





Culbertson Hits the Links *Annual Golf Outing Raises Vital Dollars for Pediatric Therapy Gym*

The 17th Annual Dr. Russell Dohner Memorial Golf Outing was held Friday, June 3, at Scripps Park Golf Course in Rushville. This year, 36 teams and more than 40 volunteers gathered to raise more than \$56,000 for the Culbertson Memorial Hospital Foundation.

"The Dr. Russell Dohner Memorial Golf Outing has proven to be one of the most, if not the most, successful golf outings in our area. This is thanks to the hours of preparing by our committee and the support of our sponsors and community," said Foundation Director Molly Sorrell. "When I started at Culbertson 11 years ago, our goal was to raise \$25,000 through the golf outing, so to now raise more than \$50,000 two years in a row is just unbelievable. We have a great Golf Committee and I would not be able to do this without their support."

Sorrell said this year marked a change to the outing as the dinner and awards portion was moved to the Virginia

Building at Scripps Park. This change allowed organizers to add a silent auction as well as providing a time for teams to socialize.

"We hope we can continue to improve on our dinner and awards program to make it more of a 19th hole after the event," Sorrell said. "By moving the event inside for a sit-down dinner, we hope other people in the community who are not golfers can come and support the Foundation by attending a dinner."

Proceeds from this year's event will be used to open a brand-new dedicated pediatric therapy gym. According to Culbertson Therapy Director Cathy Wilson, the new space will allow Culbertson therapy services to grow beyond their current capabilities.

“We have seen a growing need for our pediatric population over the years. This project will enhance our pediatric therapy services compared to the single space we use now,” Wilson said. “Two larger, expanded spaces will allow for ease of scheduling and more options when our patients need more than one discipline.”

Wilson added the new space — currently in the design phase — will allow for more equipment and therapy tools specifically tailored to pediatric patients. This new equipment will focus on growth and development through play, which Wilson calls “the main occupation of childhood.”

“The new space will allow therapists optimal training areas and equipment for children and families when treating kids with motor and sensory deficits. An adaptive climbing wall, a therapeutic swing, roller slide, a foam pit and crash pad, and more overall space for a variety of obstacle course activities are some of the items currently planned for the space, in addition to the usual therapy tools.” Wilson said. “These will be used for sensory and vestibular needs to offer stimulation for the kids with sensory processing disorders — as well as soothing motions — and will also engage coordination, sensory input, and self-regulation while challenging their strength, balance, coordination, and speech and language development to progress communication.” ♣



Golf Outing Donors



A. C. Jones Trucking	Karen Diseron	Los Charros	Charles and Betty Shelts
ABC Fire Extinguisher Sales	DK Boutique	Magerl Law Office	Shiloh of Woodstock Farm
Adams Electric Cooperative	Mark Dohner and Family	Marine Bank — Rushville	Norma Smith
Carolyn Ashcraft	Dorothy's Market	McDaniels Marketing	Dianne Snyder
Assured Partners	E.L. Pruitt Company	Moreland and Devitt Pharmacy	Brian and Molly Sorrell
Jerry and Donna Bartlett	Rich and Ashley Eckert	David and Lucille Morgan	Southside Cafe, Inc.
Rick Bartlett	Edward Jones — Cody Duffie	Morton Buildings	Kelly and Lynn Stambaugh
Nate and Sara Bartlow	ENTEC Services, Inc.	Mt. Sterling YMCA	Station 1883
Beardstown Savings	Michelle Epps	Murray Company	STL Communications, Inc.
Beardstown True Value	Erich Elligsen Automotive	Myers & Myers CPA's, LTD	Gene and Sue Strode
Benny's Pizza Rushville	Jeff and Cindy Ervin	Napa Auto Supply	States Attorney Emily Sullivan
Better Banks	Michelle and the late Ramon Escapa	Nook Lounge OS, Inc.	Subway
Mike and Mandy Bickerman	First Bankers Trust	Kirk and Kay Paisley	John and Joan Sullivan
Dr. John and Kathryn Bozdech	First National Bank of Beardstown	Dr. William Payne	Sullivan Auctioneers, LLC
Matt and Rhonda Briney	G.M. Sipes Construction, Inc.	PEPSI Refreshment Services	Doug and Janet Surratt
Briney Brothers, LLC	Mike and Tammy Gadberry	Pinecone Primitives	Don and Katherine Taber
Scott and Linda Butler	Mike Gadberry Motorsports	Prairie Land FS, INC.	Table Grove State Bank
Robert and Mary Camerier	Corey and Mindy Garrett	Precise Specialties Corporation	The 220
Casey's General Stores	Dr. Eli Goodman	Quincy Medical Group	The Shoppe
Cass Communications	Drs. Mark and Jennifer Gerleman	Mark and Annita Read	Bide and Mary Nell Thomas
Jack and Arlene Cassady	Estella Hamilton	Reditus Laboratories	Lydia Tolle
CE Construction & Equipment, LLC	Michael and Christina Hardy	Bill and Cathy Redshaw	Sen. Jill Tracy
Charles Burton, Attorney at Law	Todd and Shannon Hart	Reynolds & Wessler Bros. Agency, LLC	John Tribbey, CPA
Citizens for Hammond	Helena Chemical	Rosebud and Co.	Triplett and Wood Funeral Home
City of Beardstown	Hickory Kerton Water Co-Op	Dean Ross	Chris and Lynn Trone
City of Rushville	Houser Meats	Royal Printing	TRUCODE
Mike and Megan Clemens	Howard and Howard Attorneys PLLC	RSM US LLP	Ultra Group
Clinical Radiologists	Industry Insurance Agency	Rushville Dairy Queen	Vic's Corner
Culbertson Memorial Hospital Department Managers	Ipava State Bank	Rushville Lions Club	Kenneth Walters
Collection Professionals	Jennings Beardstown	Rushville State Bank	West Central Bank
Corbin Real Estate, LLC	Robert and Becky Jones	Rushville Times	Western Illinois University Foundation
Country Financial — Ciara Icenogle	Dr. S. K. and Amutha Kanthilal	Rushville Vet Clinic	Wilb's Car Beauty
Country Financial — Jake Surratt	Kassing Lumber	Donna Sargent	Cathy Wilson
County Market	Kerr Homecenter	Jennifer Schroeder, M.D.	Bill and Debbie Worthington
Country Gardens	Carson and Carol Klitz	Schuyler Brown Land Title	Worthington Funeral Home
Wayne and Kay Crum	Angela Lafrenz	Schuyler Track & Field Association	Carolyn Wright, State Farm Insurance
Charles Dace	Jean Lane	Scranton Heating and Cooling, Inc.	WRMS
DeMoss Accounting	Lemonade Boutique and Salon	Servicemasters	Michael Yingling Agency, LLC
DeSollar & Wessler Bros Agency	Debra Lewis Appraisals	Craig and Catherine Sheagren	
	Lipsticked Pig		

Memorials

2021-2022 Annual Campaign

Mr. and Mrs. Joyce Angel
Mr. and Mrs. Donna Bartlett
Mrs. Shirley Bartlow
Beardstown Savings Bank
Mr. Steve Beghtol
Better Banks
Mr. and Mrs. Jim Blackburn
In memory of Steve and
Mark Blackburn
Mr. Robert Burnett
Mr. and Mrs. Scott Butler
Ms. Pat Clayton
In memory of Linda Turner Barker
Mrs. Tricia Dean
Mr. and Mrs. Jim Devitt
DeSollar & Wessler Bros Agency
Digital Copy Systems
Mr. and Mrs. Chad Downs
First Bankers Trust
Mrs. Kay Fitzjarrald
In memory of LeRoy and
Jeffrey Fitzjarrald
Mr. and Mrs. Mike Fretueg
Mrs. Helene Hendricker
Mr. and Mrs. Joe Henninger
In memory of Jim and
Lois Henninger
Kassing Lumber Company
Mr. and Mrs. Gary Kennedy
In memory of LeAnn Hoover &
Betty Ballhorst
Mrs. Shirley Briney Kost
In memory of David and
Rose Dean
Mr. Terry Millslagle
In memory of Traca Millslagle

Mr. and Mrs. Dave Osmer
Ms. Debbie Pherigo
In memory of Carol Longwell
Miller and Charles
"Bud" Briney
Mr. and Mrs. Stan Rebman
Mr. and Mrs. Roger Ritchey
The Rushville Times
Mr. and Mrs. Phillip Schisler
In memory of Gladys Bucher
State Farm Carolyn Wright
Ms. Connie Taylor
Mr. and Mrs. Kendall Taylor
In memory of Rosie Taylor
Mrs. Marilyn Taylor
In memory of Doug Taylor
The Late Jerry Thurman
Mr. and Mrs. John Tribbey
Dr. and Mrs. Isidoros Vardaros
Mr. Bryce Volk
In memory of Bob and
Rozella Volk
Mr. Daniel Wagner
Mr. and Mrs. Bill Worthington
Mr. and Mrs. Jim Worthington

In Memory of Gary Crum

Mr. and Mrs. DeWayne Bond

In Memory of Josephine Johnson

Mr. and Mrs. DeWayne Bond

In Memory of Bob Luetkemeyer

Class of 1958

In Memory of Peggy Settles

Mrs. Marsha Bartlett
Mr. and Mrs. Homer Briney
Mr. and Mrs. Mike Dyche Sr.
Ms. Linda Green
Mr. and Mrs. Bill Redshaw
Mr. and Mrs. Lyle Sargent

In Memory of John Slaton

Mr. and Mrs. James Blackburn
Mr. and Mrs. DeWayne Bond
Mr. and Mrs. Joe Bruketta
Ms. Karen Cale
Mr. and Mrs. Scott Dalton
Mr. and Mrs. Dave Eyer
Mr. Fasil Gebru
Mr. and Mrs. Tom Henninger
Ms. Pamela Hill
Mr. and Mrs. Bob Jones
Mr. and Mrs. Tom Kerr
Mr. and Mrs. Scott Morey
Mr. and Mrs. Joe Pleviak
Ms. Berta Raymond
Mr. and Mrs. Lyle Sargent
Mr. Kent Slater
Mr. John Richard Slaton
Mr. and Mrs. Stuart Slaton
Mrs. Dianne Snyder
Mr. and Mrs. Martin Sommer
Mr. Kevin Soule
Mrs. Ruth Teel

In Memory of Sue Toland

Mr. and Mrs. Nick Briney
Mr. and Mrs. Jay Dickman
Mr. and Mrs. Mike Moore
Mr. and Mrs. Gerald Pryor
Ms. Joyce Robertson
Mr. Lyle Robertson
Ms. Judith Smart
Mr. and Mrs. Eric Smart & family
Mr. and Mrs. Larry Wisecup

In Memory of Orvall Unger

Mr. and Mrs. DeWayne Bond



Men: Schedule Important Health Screenings This Summer

Are you staying on schedule with your screenings this summer? From household chores to family trips, keeping tabs on your health can often fall by the wayside. That goes for regular screenings and checkups, which can provide a valuable warning to potential health issues.

PROSTATE EXAM

According to the American Cancer Society, an estimated 268,490 new cases of prostate cancer will be diagnosed in 2022. In fact, 1 in 8 men will be diagnosed with prostate cancer. But the good news is more than 3.1 million men who have been diagnosed are alive today, and if you catch the warning signs early on, you can survive as well.


Recognizing the symptoms is the first step. Prostate cancer symptoms may include any of the following:

- Problems urinating
- Blood in urine or semen
- Erectile dysfunction
- Pain in hips, back, chest, or other areas
- Weakness or numbness in legs and feet
- Loss of bladder or bowel control

If you experience any of these symptoms, first consult with your primary care provider on whether a prostate exam may be necessary. After speaking with your physician, you may be scheduled for a prostate-specific antigen (PSA) test or a digital rectal exam (DRE) with Dr. Matthew Knudson, MD at the Culbertson Outpatient Specialty Clinics.

HEART HEALTH SCREENING

“Cardiovascular disease” is a broad term used to describe a wide range of heart-related conditions, including heart disease, heart attack, stroke, heart failure, arrhythmia, and heart valve problems. According to the World Health Organization, cardiovascular diseases are the leading cause of death worldwide, claiming an estimated 17.9 million lives every year. Conditions that put patients at high risk for cardiovascular disease include any of the following:



High-Risk Conditions for Cardiovascular Disease

- *High blood pressure*
- *High cholesterol*
- *Smoking*
- *Obesity*
- *Diabetes*
- *Physical inactivity*
- *Unhealthy diet*

Thankfully, local help is available at the Culbertson Outpatient Specialty Clinics, where Prairie Heart Institute physicians provide several heart health including cardiac stress tests and echocardiograms.

COLORECTAL CANCER SCREENING

The American Cancer Society reports colorectal cancer as the third-most common cancer diagnosed in the United States, excluding skin cancers. An estimated 106,180 new cases of colon cancer will be diagnosed in 2022, while an additional 44,850 cases of rectal cancer are estimated. The rate of colorectal cancer diagnosis has dropped since the 1980s thanks largely to early detection awareness, though the rate has risen in patients younger than 50.

Remember, up to 90% of colorectal cancer cases can be prevented with early screening. This means scheduling a colonoscopy with Dr. John Bozdech, MD or Dr. Harsha Polavarapu, MD at the Culbertson Outpatient Specialty Clinics. This half-hour procedure allows physicians to remove pre-cancerous polyps before they turn into more serious problems. Best of all, patients are sedated through the entire procedure.