

# CULBERTSON CONNECTION




## Combating Strokes, One Step at a Time

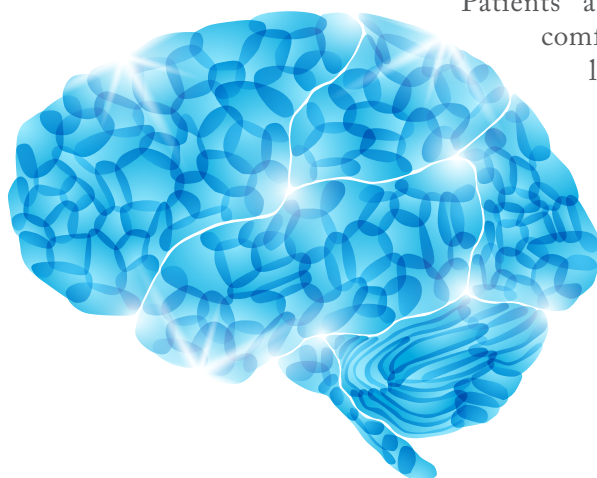
Every year, more than 795,000 people in the United States have a stroke. The Centers for Disease Control and Prevention (CDC) lists strokes as the fourth leading cause of death in America. That's why Sarah D. Culbertson Memorial Hospital launched a partnership with Memorial Medical Center of Springfield to help save lives threatened by strokes.

Together, our hospitals are offering new telestroke technology. This cutting-edge technology uses two-way audio and video teleconferencing to provide patients with immediate access to neurologists specially trained to deal with strokes.

Lynn Stambaugh, Culbertson's CEO, said more people in the community will have around-the-clock access to life-saving care close to home. Also, the patients who need a higher level of care can be identified and transferred for additional treatments.

The telestroke technology will allow Culbertson's Emergency Department staff to videoconference with neurologists who specialize in treating strokes at Memorial Medical Center. The neurologist can then perform an assessment of the patient quickly and effectively, while neuroimages taken at Culbertson are sent electronically to Memorial.

Patients and their families can feel comforted by the outstanding level of care this partnership can provide. Memorial Medical Center is certified as a primary stroke center by the Joint Commission. This partnership is just one way Culbertson is continually seeking ways to improve healthcare on a local level. 



## Act F.A.S.T.!

Strokes kill almost 130,000 Americans each year—that's 1 in every 18 deaths. Know the warning signs and get help as soon as a stroke is suspected.

Call 9-1-1 and remember the warning signs with "F.A.S.T.":

**F: Face.** Ask the person to smile. Does one side of the face droop?

**A: Arms.** Ask the person to raise both arms. Does one arm drift downward?

**S: Speech.** Ask the person to repeat a simple phrase. Is the speech slurred or strange?

**T: Time.** If you observe any of these signs, call 9-1-1 immediately.

Quality preventive care can help prevent stroke risk factors. Make sure to visit your doctor regularly. Need a primary care physician? Visit [www.cmhospital.com](http://www.cmhospital.com) to learn more about our Culbertson providers. 



238 S. Congress, Rushville, IL 62681  
217-322-4321 • [cmhospital.com](http://cmhospital.com)

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## New Chemistry Analyzer Benefits Patients

Laboratory Services at Culbertson Memorial Hospital purchased a new chemistry analyzer last September that has been a wonderful addition to their in-house laboratory. The new, larger machine is significantly faster and more efficient than the old analyzer and can handle more tests at the same time. The new analyzer allowed the Laboratory to expand their in-house test menu to include: Ferritin, Iron, Iron Binding, CRP, Phosphorus and Microalbumin.

Furthermore, by upgrading to the new analyzer, the lab was able to move Troponin and CMKB to the new machine. This means the staff can now run multiple tests on more than one patient at the same time. In addition, the new chemistry analyzer performs various chemistry blood tests that check kidney, liver, heart and thyroid function such as glucose, hemoglobin A1C, Cholesterol, Triglycerides and TSH.

With the increase in efficiency and in-house test menu, Culbertson Laboratory Services is able to offer a faster turnaround time for test results. This is especially important for the hospital STAT Heart, Team Stroke and Oncology patients. +

## Peace of Mind While Living Alone

Living alone? No one but the pets to help in case of an emergency?

The Culbertson Lifeline program is a vital resource for many aging adults. It includes a small, waterproof "HELP" button subscribers wear at all times. Should an emergency arise, all you have to do is push the button and a call for help immediately transmits to the Lifeline system. That is, unless you subscribe to the new Auto Alert button — for only \$40 a month. The Auto Alert button sends an automatic signal when you have fallen and cannot push your button after 30 seconds. That's a small price to pay when considering the peace of mind it can provide. +

Why wait? Call Joy Mendenhall, Lifeline Program Manager, at 217-322-4321, ext. 259, for more information about the new program or to enroll today!



## Save the Date! 9th Annual Dr. Russell Dohner Golf Outing, June 7th

Get your putters ready! Call today to sign up for the 9th Annual Dr. Russell Dohner Golf Outing at Scripps Park Golf Course that benefits the CMH Foundation. Call 217-322-4321, ext 256, to sign up for this great event. +



## New Semi-Private Rooms a Plus for Surgery Patients

Generally, everyone wants to avoid surgery. However, if you or a family member needs a surgical procedure, you can feel confident the surgical staff at Culbertson Memorial Hospital provides a caring, knowledgeable environment. And now, that environment is more private and spacious to benefit you.

The Surgical Services Department recently acquired the old Obstetrics unit, which was closed in 2007. Previously, pre-op and post-op were in a single room with four areas divided only by curtains. The patients had to be taken down a public hallway to get to surgery and to return to the room post-op. Today, there are three rooms, two of which are semi-private and one private.

According to Surgical Services Supervisor, Cheryl Howard, RN, patients who have had surgery prior to the change and have since been able to experience the current setup have had nothing but compliments for the extra space and privacy. With the new Surgical Services Department facilities, staff now have a nurses' station and small kitchen and

breakroom area. For the first time in their careers, they have their own area to stop, sit and complete charts.

Culbertson's Surgical Services Department is comprised of skilled and experienced professionals who are committed to providing the highest quality of care to the surrounding communities. Working with consulting and staff surgeons, Culbertson offers surgical services Monday-Friday, with most patients going home the same day. We offer Endoscopic, Laparoscopic, Ophthalmology and General Surgical Procedures, and are working to expand our services for our community.

The mission of Culbertson Memorial Hospital is to provide quality, compassionate care to the communities we serve. Private rooms during and after surgery are just one way we are fulfilling that mission.

**Questions? Need to schedule a procedure? Call our Surgical Services Department, at 217-322-4321, ext. 293. +**



“The privatization has been a very positive aspect for our surgical patients and staff. Overall, this has been a tremendous improvement for our patients.”

— Cheryl Howard, RN,  
Surgical Services Supervisor

**Find the Culbertson Memorial Hospital surgeon that's right for you!**

### **General Surgery**

S. K. Kanthilal, M.D.  
Board Certified  
General Surgeon  
Elmer Hugh  
Taylor Clinic  
100 West 15th Street  
Beardstown, IL 62618  
217-323-2245

### **Ophthalmology**

David Sutton, M.D.  
Prairie Eye and  
Lasik Center  
106 East Main Street  
Beardstown, IL 62618  
217-323-1146

### **Gastroenterology**

John Bozdech, M.D.  
Quincy Medical Group  
1118 Hampshire Street  
Quincy, IL 62301  
217-322-6550

### **Urology**

Charles Wilson, M.D.  
814 West State Street  
Jacksonville, IL 62650  
217-243-1865

# Memorial Donations



## Cardiopulmonary Rehabilitation

Cardiopulmonary Patients

## CMH Foundation

Mr. and Mrs. John Knous

## Community Medical Clinic

Better Banks – Astoria

## Ansel Verlin Peacock Estate

## In Memory of Helen Adolphson

Mr. Ernest Carls  
Ms. Pat Damman  
Mr. and Mrs. Tim Ward

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Ms. Kay Simpson  
Ms. Zoey Taylor  
Ms. Sarah Ward

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Mr. Bill Bartlow

## In Memory of Martin Claassen Jr.

Mr. and Mrs. DeWayne Bond

## In Memory of Darrel DeHart

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Mr. and Mrs. Myrel Allen  
Mr. and Mrs. Derrick Anderson  
Mr. and Mrs. Jeff Bartlow  
Mr. Joe Bartlow  
Mr. William Bartlow  
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Mr. Corey Clayton  
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Ms. Patty Sullivan  
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Ms. Nancy Wise  
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Mr. Robert Fulks  
Mr. and Mrs. Ronald Greer  
Mr. and Mrs. Dean Heitz  
Mr. and Mrs. Carson Klitz  
Mr. Terry Millslagle  
Mr. and Mrs. Gregg Roegge  
Mr. and Mrs. William Schramm  
Mr. and Mrs. Harold Smith  
Mr. and Mrs. Kevin Stambaugh

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Mr. William Bartlow

## In Memory of Harold Johnson

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Mr. and Mrs. Tom Alcorn  
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Ms. Beatrice Coats  
Mr. Jack Conn  
Ms. Doris Coultas  
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Mr. Robert Schlueter and Janice Patterson

Mr. Jack Spears  
Ms. Rose Spears and family  
Mr. and Mrs. John Thompson  
Mr. and Mrs. Matthew Zachary

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Mr. and Mrs. DeWayne Bond

## In Memory of Virginia Maurer

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Mr. and Mrs. Russell Diseron  
Mrs. Mary Gerdes  
Mr. and Mrs. Gregg Greene  
Mrs. Rosalee Kotter  
Mr. and Mrs. Richard Patton  
Mr. Steven Poppenhager  
Ms. Nancy Schisler  
Ms. Marva Kay Simpson

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Mr. and Mrs. Scott Dalton  
Mr. Mark Dohner  
Mr. and Mrs. Larry Goodin  
Mr. and Mrs. Garry Johnson  
Mrs. Betty Langner  
Mr. and Mrs. Jeff Langner  
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Mr. and Mrs. Don Phillips  
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Mr. Ryan Quillen  
Mr. and Mrs. Robert Rutledge  
Mr. Kenny Sullivan  
Mrs. Rosie Taylor

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Mr. Joe Thompson

## In Memory of Virginia Wheelhouse

Mr. and Mrs. DeWayne Bond

## In Memory of Muriel Darline Wilson

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Mr. and Mrs. Ronald Chenoweth  
Mr. Glen Crum  
Ms. Pat Damman  
Ms. Joan Hanning  
Mr. and Mrs. Charles Harmon  
Ms. Doris Prather  
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Mr. and Mrs. Tim Ward

## Annual Appeal

A.C. Jones Trucking  
Mr. and Mrs. Dale Abbott  
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Mrs. Merc Allen  
    In memory of Phil Allen  
Mr. and Mrs. Myrel Allen  
    In memory of Marvin and Maxine Clayton  
Mr. and Mrs. Brian Anderson  
    In memory of Glen Anderson and Bill & Louise Devitt  
Dr. and Mrs. Donald Anderson  
    In memory of Lester and Muriel Skiles  
Ms Shirley Balance  
Mrs. Jean Barron  
    In memory of Dick Barron  
Mr. and Mrs. Ansel Bartlett  
    In memory of Vernon and Hildreth Barnes  
Ms. Clarice Bartlett  
Mr. and Mrs. Jerry Bartlett  
Mr. and Mrs. Rick Bartlett  
Mr. Howard Bartlow  
Mrs. Shirley Bartlow  
    In memory of Byron Bartlow  
Mr. William Bartlow  
    In memory of Shirley Bartlow  
Dr. and Mrs. Raymond Bauer  
    In memory of Israel & Laura Bauer  
Mrs. Doris Bedenbender  
    In memory of Bob Bedenbender  
Mr. and Mrs. Steve Beghtol  
Mr. and Mrs. Samuel Benninghoff  
    In Honor of our Veterans  
Mr. and Mrs. Charles Berry  
Better Banks/Astoria  
Mr. Albert Bietsch  
    In memory of Lee Bietsch  
Mr. and Mrs. Jim Blackburn  
    In memory of Steve and Mark Blackburn  
Mr. Richard Blender  
    In memory of Oleta Blender  
Mr. F. Don Boehm  
Mr. and Mrs. Leroy Bollinger  
    In memory of Margaret and Renner Douglas  
Mrs. Lenore Boyd  
    In memory of Guy Boyd  
Dr. and Mrs. John Bozdech  
Mr. and Mrs. Homer Briney  
Mr. and Mrs. Phillip Brown  
    In memory of Mildred Horney  
Brown County State Bank  
Mrs. Marjorie Browning  
    In memory of Harold Greene  
Mr. Mike Bullard  
Mr. and Mrs. Othello Burgard  
Charles Burton, Attorney at Law  
Mr. and Mrs. Ron Busby

Mrs. Rose Busby  
    In memory of Shirley Ward  
Mrs. Wanda Busen  
    In memory of James Busen  
Mr. and Mrs. Scott Butler  
Mr. and Mrs. Jack Cannon  
Cass Communications  
The Chicago Community  
    Foundation  
Mrs. Judith Chipman  
    In honor of the Culbertson Gardens Employees  
Ms. Pat Clayton  
    In Memory of Virginia Wheelhouse  
Clinical Radiologists  
Collection Professionals  
Mr. and Mrs. Verne Crone  
Mr. and Mrs. Robert Crouse  
    In memory of Claude and Nina Sipes  
Mr. and Mrs. Gary Crum  
Mrs. Betty Curl  
    In memory of her family members  
Mr. Charles Dace  
Ms. Pat Damman  
Mr. and Mrs. Kyle Danner  
Ms. Elinor Davis  
Mrs. Patricia Day  
Mr. and Mrs. Blake Devitt  
Dr. and Mrs. Don Dexter  
Mr. and Mrs. Mitch Downs  
Mr. and Mrs. Jim Duvendack  
Mr. and Mrs. Butch Edlin  
Ms. Marian Elbus  
Mr. and Mrs. Don Fagan  
Ms. Mary Ferrill  
Foot and Ankle Associates of  
    Central Illinois  
Mr. Howard Fowler  
Mrs. Donna Fretueg  
    In memory of Larry Fretueg  
Mr. and Mrs. Michael Fretueg  
    In memory of John and Betty Spates  
Mr. and Mrs. Terry Frye  
    In memory of Larry and Mary Finch  
Mr. Robert Fulks  
    In memory of Betty Fulks  
Mrs. June Fuqua  
    In honor of the Culbertson Gardens Employees  
Mrs. Laurie Gain  
    In memory of Allen E. Gain  
Mr. and Mrs. Robert Gillenwater  
    In memory of their parents John and Lucille Kearney Earl and Della Gillenwater  
Ms. Teena Griffin  
Mr. Alvin Hamilton

Mr. and Mrs. Roger Ritchey  
    In memory of Audrey Quinn  
Ms. Mary Roberts  
    In memory of Lawrence Royer  
Mr. and Mrs. William Roberts  
    In memory of Alta and Ray Bogue  
Mr. and Mrs. Lester Robertson  
    In memory of Joe & Dorothy Urban  
Mr. Byron Ross  
    In memory of Rayetta Ross  
Mr. Maurice Ross  
Mr. Petie Ruch  
Rushville State Bank  
Rushville State Bank &  
    Investment Center  
Rushville Times  
Mr. and Mrs. John Salrin  
Mrs. Betty Sargent  
    In memory of Jordan Wenger  
Mrs. Maxine Sargent  
    In memory of Henry Sargent  
Mr. Dick Schenk  
    In memory of Wilma Schenk  
Mrs. Nancy Schisler  
    In memory of Lloyd Schisler  
Mr. and Mrs. Phillip Schisler  
    In memory of Gladys Bucher  
Mr. and Mrs. Rod Schoonover  
Schuyler County Farm Bureau  
Mrs. Annetta Scott  
    In Memory of Thomas Scott  
Mrs. Maxine Shelts  
Mr. and Mrs. Bill Shenaut  
    In memory of Ernest and Betty Daly  
Mrs. Jean Shoopman  
    In memory of Laura Toland  
Ms. Christy Sims  
Mr. and Mrs. John Slaton  
    In memory of Barb Hamilton



Mr. and Mrs. Dean Heitz  
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 Mrs. Mildred Hunter  
 Mrs. Betty Johnson  
 In memory of Carroll Johnson  
 Mr. and Mrs. Harold Johnson  
 Dr. and Mrs. S.K. Kanthilal  
 Mr. and Mrs. Chad Kelly  
 Mr. and Mrs. Dave Kilpatrick  
 In memory of A. William Bartlett  
 Mr. and Mrs. Charles Koch  
 Mr. and Mrs. Phil Koch  
 In memory of William Spears  
 Mrs. Rosalee Kotter  
 In honor of her children  
 Beverly and Dennis Koller  
 Karen and Mike Stauffer  
 Malea and John Jessen  
 Kraig and Pam Kotter  
 Mr. and Mrs. Bob Lantz  
 Mr. and Mrs. Larry Lashbrook  
 Mrs. Marie Leonard  
 In memory of Reverend  
 C.W. Leonard  
 Mr. and Mrs. Dale Little  
 Mr. and Mrs. Jay Little  
 Mrs. Mary Lou Long  
 Mr. and Mrs. Kenneth Lux  
 Dr. and Mrs. Steven Mayer  
 Honorable Alesia McMillen  
 Mrs. Edna Miller  
 In memory of David Miller  
 Ms. Carol Mohr  
 In memory of Tom Cline  
 Mr. Larry Moorman  
 In memory of Rosemary Moorman  
 Mrs. Marjorie Moreland  
 In memory of Clark Moreland  
 Mr. and Mrs. Morris Morrell  
 Dr. and Mrs. Peggy Naff  
 Mr. and Mrs. Dennis Orr  
 Ms. Marilyn Orwig  
 In memory of Dewayne Orwig  
 Mr. and Mrs. Alan Palo  
 Mrs. Phyllis Peak  
 In memory of Jack Peak  
 Mr. and Mrs. Marvin Phillips  
 Mrs. Mary Lou Phillips  
 Mr. and Mrs. Rick Phillips  
 In memory of Rita Downs,  
 & Marla Leverton  
 Pizza Unlimited  
 Mr. Rodney Potter  
 Mr. and Mrs. Scott Prather  
 Mr. and Mrs. Dennis Quillen  
 Mr. Gene Ralston  
 Mr. and Mrs. James Rebman  
 In memory Velma Post

In memory of Norman Slaton  
 Mr. and Mrs. Ed Smith  
 Mr. and Mrs. Harold Smith  
 Mrs. Effie Snyder  
 Mr. and Mrs. Kelly Stambaugh  
 In memory of Sharon Tomlinson  
 Mr. and Mrs. Ted Stambaugh  
 Mr. and Mrs. Robert Stauffer  
 Mr. and Mrs. Toby Stay  
 In memory of Inez North  
 Ms. Lynn Stover and family  
 In memory of Shirley Ward  
 Mr. and Mrs. Gene Strode  
 In honor of Schuyler Friends  
 Strong Oil Company  
 In memory of Karl and  
 Geneva Strong  
 Ms. Carolyn Strong  
 Mrs. Rosemary Surratt  
 In memory of Wendell Surratt  
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 Mr. and Mrs. Robert Talbert  
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 Mr. and Mrs. John Tavernier  
 Mr. and Mrs. Chris Taylor  
 Mr. and Mrs. Maurice Taylor  
 Mrs. Zoey Taylor  
 In memory of Myron Taylor  
 Mr. and Mrs. Bob Teel  
 In memory of Leo White  
 Mr. and Mrs. Dick Teel  
 Mr. and Mrs. Bide Thomas  
 Mr. and Mrs. Jerry Thurman  
 Mr. and Mrs. Jon Thurman  
 Ms. Nancy Toland  
 Mr. and Mrs. Bill Tolle  
 Ms. Dorothy Tracy  
 Mr. Patrick Tracy  
 Mrs. Marjorie Tribbey  
 In memory of Kenneth Tribbey  
 Mr. and Mrs. Orvall Unger  
 In memory of Barker and Eva  
 Unger  
 Mr. and Mrs. Kenneth Walters  
 Mr. and Mrs. David Wankel  
 Mrs. Linda Ward  
 In memory of Richard and Michael  
 Ward  
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 Ms. Mariolyn Wheeler  
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 Mr. and Mrs. Mike Wise  
 In memory of Marilyn Thomas  
 Mr. and Mrs. Brent Wood  
 Mr. and Mrs. Roy Woodside  
 In memory of Thomas Scott  
 Ms. Evalyn Worthington  
 Mr. and Mrs. Jim Worthington  
 In memory of Joe Worthington  
 Mike Yingling Agency, LLC  
 In memory of Arthur Yingling

## 2012 Dr. Russell Dohner Golf Outing

ACE SPONSOR  
 AIMS of Rushville, LLC

## Sarah's Stars

Mr. and Mrs. DeWayne Bond  
 Mr. and Mrs. Bob Lantz  
 Mr. and Mrs. Tim Ward

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Culbertson Memorial Hospital was given an early Christmas present in the form of an additional donation of \$100,000 from the Chicago Community Foundation and their anonymous donor. This donation enabled the hospital to purchase several, much needed items off the Capital Budget including:

- Automatic Doors for Rushville Family Practice
- Automatic Doors for Dr. Robert Cox Memorial Therapy Clinic
- A New Tractor/Mower for the Maintenance Department
- Three Additional High-Low Tables for the Outpatient Rooms
- Two Trauma Stretchers for the ER
- A New Steam and Hold Unit for Dietary Services
- Two New Tmm3 Chairs for Surgical Services
- A Whirlpool for Wound Clinic
- Lymphedema Chair

# Helping Patients, Supporting the Economy

## Creating Jobs Statewide

Sarah D. Culbertson Memorial Hospital's primary mission is to provide healthcare services to the community, but it also plays an important role in supporting the state and local economy. Culbertson supports 349 jobs through direct employment, as well as through the impact of its purchases from other businesses and spending by its employees and visitors. Culbertson employs 165 people across a wide range of skills, from highly trained doctors, nurses, therapists and technicians to workers in environmental and food services. Additionally, the hospital's purchases, from medical supplies to bed linens, create revenue for other businesses and support the creation of even more jobs. At the same time, the salaries paid to employees of the hospital and these other businesses go to purchase groceries, cars, clothing and other goods and services. Finally, hospital visitors support area restaurants, hotels and retail stores. Together, these so-called "ripple effects" mean that each hospital job supports 2.1 additional jobs.

**349**  
**JOBS**  
through direct  
employment



**165**

employees, from  
doctors and nurses  
to workers in  
environmental and  
food services

**GENERATING**  
**\$46.4**  
million annually

## Supporting the Statewide Economy

Culbertson generates \$46.4 million annually within the state's economy, including \$19.4 million in spending by the hospital. The multiplier or ripple effect of the hospital's direct spending in the state's economy, in turn, supports more than \$27.1 million in additional economic activity. Other economic activity is generated by the operations of organizations, businesses, employees, visitors and vendors in the state that provide goods and services to Culbertson.

## Helping Units of Government

All hospitals, regardless of their for-profit or not-for-profit status, generate tax revenue for local and state government. With \$2.3 million in annual indirect state and local tax revenue generated due to hospital operations, Culbertson is an important part of the continued success of state and local governments in providing needed services. +

## CMH Foundation Annual Appeal Update

**The annual appeal for funds for High-Low Exam Tables was a success!**

The CMH Foundation exceeded their goal of raising \$35,000 to purchase six High-Low tables and was able to purchase nine chairs, allowing for the advanced exam table to be placed in each outpatient clinic room. +



# Nuclear Knowledge

## Nuclear Medicine & You

Whether you've been in the hospital or have watched a lot of medical shows on TV, you have probably seen examples of a medical specialty known as nuclear medicine. Whether it is radiation therapy for cancer or PET or SPECT scans to diagnose patients — these are all part of nuclear medicine.

Nuclear medicine uses radioactive substances to image the body and treat the disease. In the past, exploratory surgery was the only way to find out what may be causing problems. Now, non-invasive imaging in nuclear medicine produces three-dimensional images of tissue and bone, allowing doctors a way to peek inside the body to find disease or damage as early and accurately as possible.

During a nuclear medicine procedure, a technician injects a small amount of radioactive dye into the IV where it is tracked by a special camera. A computer then sends the data to a screen that produces realistic images of the tissue or bone. When this radiation exits the body, a special camera system is used to detect the gamma rays and then create images which are interpreted by specialists. A written report is sent to your physician for review.

Most patients undergo a nuclear medicine examination because their primary care physician has recommended it. Some common nuclear medicine testing includes assessing the blood flow to the heart and evaluating the bones, skeletal system or function of a patient's gallbladder. Usually, no special preparation is needed for a nuclear medicine examination. However, if the procedure involves evaluation of the stomach, you may have to fast before the test. If the procedure involves evaluation of the kidneys, you may need to drink plenty of water before the exam.

**If your physician has recommended a nuclear medicine procedure for you, our Nuclear Medicine Department is available Monday, Wednesday and Friday. To schedule an appointment, call 217-322-4321, ext 271. 🏥**

## Nuclear medicine is useful for detecting:

- Tumors
- Aneurysms
- Irregular or inadequate blood flow to various tissues
- Blood cell disorders and inadequate functioning of organs, such as thyroid and pulmonary function deficiencies
- The presence or spread of cancer in various parts of the body
- Urinary tract obstruction
- Sites for biopsy
- Abnormalities in the brain, such as seizures, memory loss and abnormalities in blood flow

